

Health and Wellbeing Strategy Delivery Plan											
HWB Strategy Priority/ Strategic Aim	Objective Reference	HWB Strategy Objective	Ref.	Action	Chair/ Group	Start Date	Ref.	Measure	Target	Latest/YE RAG (grey=not targetted)	Narrative
2018/19 Priority: Support mental health and wellbeing for adults			A1/6.ac1	Celebrate, promote and connect existing resources especially those who provide Community Navigation and Peer Support.	Matthew Braovac (MHAG)	Apr-18	A1/6.m1	<i>tbc</i>	<i>tbc</i>	data not available	MHAG have invited Berkshire West CCG to discuss delays to the launch of the Berks West Your Way peer support service.
			A1/6.ac2	Explore the introduction of a digital community resource directory for prevention, recovery and self-care	Matthew Braovac (MHAG)	Apr-18	A1/6.m2	<i>tbc</i>	<i>tbc</i>	data not available	The new-look West Berkshire Directory was launched in July 2018. A focus-group is planned for Q3 to further amend the pages relating to mental health to ensure they are relevant and useful. A volunteer has been recruited to run the Emotional Wellbeing West Berkshire website and they are rebuilding the site. Volunteers to run the site are being sought and this work is being done alongside the Directory focus group.
			A1/6.ac3	Investigate preventable deaths from physical health conditions of people with serious mental illness	Matthew Braovac (MHAG)	Apr-18	A1/6.m3	<i>tbc</i>	<i>tbc</i>	data not available	An action plan is currently being developed. Appropriate measures will be included in the Delivery Plan once completed.
			A1/6.ac4	Work with users and BHFT to co-produce improvements to patients experience when in crisis	Matthew Braovac (MHAG)	Apr-18	A1/6.m4	<i>tbc</i>	<i>tbc</i>	data not available	The scope of the review was agreed by the MHAG at its meeting in September which includes consideration of the crisis service and also how society responds to lower level crises of people with enduring mental health issues. It has not been possible to identify a lead for this work and the resource implications are not yet clear. The HWB Steeirng Group have recommended that the scope of the review needs to be narrowed if the MHAG itself is to be responsible for its completion.
2018/19 Priority: Improve access to employment, education, training and volunteering for vulnerable people.				Raise local employers’ understanding of regional skills needs and challenges of promote local employment opportunities to all, including vulnerable people.	Iain Wooloff (SEP)	Sep-18		Facilitate a 'Business & Wellbeing' conference for local employers, local authority representatives, business skills representatives and other stake holders to raise awareness of: 1. skills required to address the economic development strategy of the region 2. challenges facing vulnerable people when seeking employment	tbc March 2019	data not available	An action plan is currently being developed.
				Run events to engage local employers in promoting sustainable employment pathways for local people at all levels of work.	Iain Wooloff (SEP)	Sep-18		Hold an annual work and careers fair (Job Fair), promoted to local employed / unemployed people and schools / College age students (16+ years of age). The Job Fair to include local stakeholders promoting wellbeing and mental health support agencies	7th November 2018	#N/A	Completed in Q3.
					Iain Wooloff (SEP)	Sep-18		Hold a Skills Awareness day for vulnerable people, including those with learning difficulties and disabilities promoting employment pathways.	tbc July 2019	data not available	An action plan is currently being developed.
				Support local employers to create accessible and supportive work environments to all people, including vulnerable people.	Iain Wooloff (SEP)	Sep-18		Local stakeholders produce a tool kit for employers that enable them to support vulnerable people in employment or support vulnerable people to employment.	<i>Date/ milestones tbc</i>	data not available	An action plan is currently being developed.

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HWB Strategic Aim: Give every child the best start in life	Objective 1	Decrease the educational attainment gap between children who are eligible for Pupil Premium Grant and the rest	A1/1.ac1	<i>tbc</i>	Pete Campbell (CDG)	<i>tbc</i>	A1/1.m1	<i>tbc</i>	<i>tbc</i>		The chair is undertaking work to refocus the work of the CDG via three subgroups focusing on prevention, educational attainment and self-harm. The group also holds governance oversight of the SEND Strategy implementation on behalf of the Health and Wellbeing Board.
	Objective 3	Improve educational and health outcomes for Looked After Children	A1/3.ac1	<i>tbc</i>	Pete Campbell (CDG)	<i>tbc</i>	A1/3.m1	<i>tbc</i>	<i>tbc</i>		
	Objective 4	Support the health and wellbeing of young carers	A1/4.ac1	<i>tbc</i>	Pete Campbell (CDG)	<i>tbc</i>	A1/4.m1	<i>tbc</i>	<i>tbc</i>		
HWB Strategic Aim: Support mental health and wellbeing throughout life	Objective 5	Promote the emotional health and wellbeing of children	A1/5.ac1	<i>tbc</i>	Pete Campbell (CDG)	<i>tbc</i>	A1/5.m1	<i>tbc</i>	<i>tbc</i>		
	Objective 7	Prevent suicide and self-harm for adults and young people	A1/7.ac1	Organise training for employers regarding suicide awareness and the signs of stress	Garry Poulson (SPAG)	Oct-18	A1/7.m1	<i>tbc</i>	2	0.0 Q1	Data not available until February 2019.
						Oct-18	A1/7.m2	Number of employers who attend each training event	30	50.0 Q3	The next employer training event will take place in February 2019. it is not clear whether it will be possible to hold a second so it is intended to make the February session as broad reaching as possible.
						Oct-18	A1/7.m3	Proportion of participants who report an increased level of confidence of suicide prevention on training evaluation form	0.75	100.0% Q3	Data not available until February 2019.
			A1/7.ac2	Reduce access to the means of suicide	Garry Poulson (SPAG)	Apr-18	A1/7.m4	Identify suicide risk sites at which to promote Samaritans with appropriate signage.	6	4.0 Q2	Work is ongoing in partnership with the Council's Highways Team and Samaritans to identify suicide risk sites across the District. 4 sites have been identified so far in 2018/19.
			A1/7.ac3	Reduce the risk of suicide in key high-risk groups	Garry Poulson (SPAG)	Apr-18	A1/7.m5	Run a suicide awareness campaign to target men in places such as the rugby club, pubs, comedy nights, etc.	1	1.0 Q1	A campaign is being run in barber shops to target men. The SPAG's Chair has also performed at the Hungerford Comedy Club to raise awareness in a rural community. Volunteers are coming forward to help distribute leaflets among the community.
					Garry Poulson (SPAG)	Apr-18	A1/7.m6	Run events to raise awareess of suicide among men.	2	0.0 Q1	A survivor of bereavement by suicide has come forward to hold talks at sports clubs.
	Objective 9	Ensure early assessment of and good provision of care for those with dementia	A1/9.ac1	Implement changes to Birchwood Care Home as identified in the dementia enabling environment audit	Sue Brain, Adult Social Care	Apr-18	A1/9.m1	Project completion date is not targetted.	(Not targetted)	data not available	Most of the internal work on the units is done. Financial constraints mean we cannot complete the garden design this financial year nor the individual bedrooms as we would wish. All communal areas, communal tea stations on the units and signage etc has been completed as approved initially. The design included the development of a quiet lounge, clinical room and appropriate colours utilised in all communal areas, fireplaces etc in the lounges plus dementia friendly signage on all units. The two floors have been divided into 4 units as initially agreed to make smaller more comfortable living spaces for residents.

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HWB Strategic Aim: Reduce premature mortality by helping people lead healthier lives	Objective 10	Reduce alcohol related harm across the district for all age groups	A3/10.ac1	Monitor uptake of Identification & Brief Advice (IBA) training	Denise Sayles (SMHRP)	Jan-18	A3/10.m1	Total number of WBC staff, GP staff, volunteers and staff from Lifestyle Intervention Providers trained in Identification & Brief Advice (IBA) - by June 2019	381 by end of March 2019	51.0 Q2	234 of the total 450 target have been trained.  2017/18 Q4: 69 2018/19 Q1: 118 2018/19 Q2: 51  2018/19 Q2 was over the summer period so fewer courses were held.
					Denise Sayles (SMHRP)		A3/10.m2	Number of <b>WBC</b> staff trained in Identification & Brief Advice (IBA)	(Not targeted)	20.0 Q2	Attendance by WBC staff at the training continues to be a good proportion of the overall number of delegates
					Denise Sayles (SMHRP)		A3/10.m3	Number of <b>GP</b> practices trained in Identification & Brief Advice (IBA)	(Not targeted)	2.0 Q2	The provider ran a Time for Improving Patient Services (TIPS) event for the CCG therefore attendance by GPs was particularly strong in quarter one. As expected the number of GPs trained in quarter two was low, however GPs from all practices in West Berkshire have now been trained.
					Denise Sayles (SMHRP)		A3/10.m4	Number of <b>volunteers</b> trained in Identification & Brief Advice (IBA)	(Not targeted)	0.0 Q2	The training has been advertised in the Volunteer Centre's newsletter and will continue to be publicised.
					Denise Sayles (SMHRP)		A3/10.m5	Number of Lifestyle Intervention <b>Providers</b> trained in Identification & Brief Advice (IBA)	(Not targeted)	0.0 Q2	Further promotion of the training to Solutions4Health is required and has been pushed in quarter two. Attendance should increase from quarter 3.
			A3/10.ac2	Monitor how many staff incorporate Identification & Brief Advice (IBA) into their practice	Denise Sayles (SMHRP)	Jan-18	A3/10.m6	Proportion of IBA trained people who have used training (3 month survey) - by June 2018	75%	53.0% Q2	The proportion of people who have used the training remains consistent at around half. This is in line with the provider's expectation so there is a lesson to be learned around target setting. The large target for overall numbers to receive the training might also have meant that people have been trained who do not often need to use IBA in their day jobs. In future consideration should be given to whether a training programme can be both targetted to staff who will use it and offered widely.
			A3/10.ac3	<b>Outcome:</b> Improve knowledge and confidence of those receiving Identification & Brief Advice (IBA) training	Denise Sayles (SMHRP)	Jan-18	A3/10.m7	Proportion of participants who report an increase level of confidence of IBA on training evaluation form (Identification & Brief Advice (IBA)) - by March 2019	75%	100.0% Q2	Feedback from the training evaluation indicates that delegates feel it has improved their confidence with IBA
			A3/10.ac4	Monitor training in the Blue Light approach	Denise Sayles (SMHRP)	May-18	A3/10.m8	Number of Blue Light (BL) project training sessions and 'train the trainer' sessions delivered by Public Health	2	0.0 Q2	Alcohol Change UK have delivered all 7 training sessions agreed as part of the contract. The council's Public Health Team have committed to run at least two additional training sessions per year in order to sustain the project in the long term.
			A3/10.ac5	Develop and agree action plans to support treatment resistant drinkers in the Blue Light (BL)	Denise Sayles (SMHRP)	May-18	A3/10.m10	Number of identified treatment resistant drinkers on Blue Light project, with an agreed action plan	15	7.0 Q2	The Blue Light Operational Group has been established and is supported by a Blue Light Outreach Worker, employed via Swanswell. 7 clients have been identified and are being supported by the Outreach Worker. As more referrals are considered through the second half of the year it is possible that the target will be met.
			A3/10.ac6	<b>Outcome:</b> Reduce the cost to other WBC services for ongoing support by engaging treatment resistant drinkers in the Blue Light approach	Denise Sayles (SMHRP)	May-18	A3/10.m11	£ cost saved per client (at end of project)	(Not targeted)	data not available	It is too early to calculate the savings to the system per client.

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HWB Strategic Aim: Build a thriving and sustainable environment in which communities can flourish	Objective 14	Increase the number of Community Conversations through which local issues are identified and addressed	A4/1.ac1	Increase the number of community conversations held	Susan Powell (BCT)	Apr-18	A4/1.m1	Number of new community engagements facilitated (BCT)	>10	4.0 Q2	<p><i>This measure has been changed from 2017/18 to better reflect the BCT Team's role. 12 YTD</i></p> <p>Q1: 8 community engagement events were facilitated in quarter one including: Parish Clerks workshop, H&amp;WB problem solving session, Peer Mentors coordinators conversation, Lambourn Parish Council, Burghfield and Mortimer Door knock, Homeless Conference, Berkshire School of English and Royal Berkshire Fire &amp; Rescue engagement in schools</p> <p>Q2: Initial conversations with Purley residents on instigating a community conversation. Progress was stalled until after a public meeting had taken place and the publication of the parish plan had been completed. In August, network meeting to discuss connecting with minority communities resulted in plans for an event in Q3. The Independent Advisory Group was formalised with the adoption of the Terms of Reference and a forward plan was initiated.</p>
	Objective 15	Ensure that housing is of good quality, accessible and affordable.	A4/15.ac1	Develop a Homeless and Rough Sleepers Winter Plan for 2018/19 to be presented to the Health and Wellbeing Board on 4th October 2018.	Sam Headland (HSG)	May-18	A4/15.m1	The Winter Plan is presented and agreed.	Oct-18	Completed.	The Health and Wellbeing Board received and approved the Winter Plan. It requested that it received an update at the meeting on 24 January 2019.
			A4/15.ac2	Support people experiencing multiple needs including homelessness, substance abuse, contact with the criminal justice system and mental ill health through a coordinated approach	Susan Powell (BCT)	Apr-18	A4/15.m2	Number of individuals accepted into the Making Every Adult Matter (MEAM) cohort	Not targetted	6.0 Q1	Data not available for Q2.
					Susan Powell (BCT)	Apr-18	A4/15.m3	Number of individuals helped by / moved on from the Making Every Adult Matter (MEAM) cohort	Not targetted	1.0 Q1	Data not available for Q2.
	Objective 18	Increase reporting of domestic abuse and decrease repeat incidents of domestic abuse	A4/18.ac1	Monitor number of repeat incidents of Domestic Abuse reported to Thames Valley Police	Susan Powell (BCT)	Apr-18	A4/18.m1	Number of Domestic Abuse incidents reported to Thames Valley Police (recorded crimes)	Not targetted	326.0 Q2	No comment supplied.
							A4/18.m2	Number of Domestic Abuse incidents reported to Thames Valley Police (non crime)	Not targetted	311.0 Q2	New for 2018/19 to provide context for Repeat Victimisation Rate.
							A4/18.m3	Domestic Abuse Repeat Victimisation Rate reported to Thames Valley Police	Not targetted	42.2% Q2	No comment provided.
			A4/18.ac2	Improve staff awareness of domestic abuse	Susan Powell (BCT)	Jul-18	A4/18.m4	Number of multi-agency staff trained in Domestic Abuse Awareness	Not targetted	14.0 Q2	No comment supplied.
							A4/18.m5	Number of multi-agency staff trained in Domestic Abuse Champions	Not targetted	0.0 Q1	<p><i>Amended for 2018/19. Awareness training will still include DASH/MARAC.</i></p> <p>Train the Trainer scheduled for Q3 2018/19 to enable tranning to be implemented.</p>



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HWB Strategic Aim: Help older people maintain a healthy, independent life for as long as possible	Objective 19	Prevent falls and ensure integrated care for those who have sustained a fall	A5/19.ac1	Increase the number of people aged over 65 who are at risk of a fall who have attended a Steady Steps class	April Peberdy (AWTG)	Ongoing	A5/19.m1	Increase the proportion of people aged 65+ at risk of falling who take part in a 'Fall Prevention' class (Steady Steps) (At risk 35% of population aged 65-84 = 7,188 45% of population aged 85+ = 1389 )(Total = 8,577)	1%	2.0% Q2	Q2/YTD = 199/8,577 Q3/YTD = 182/8,577 Q4: 147 / 8,577 YE: 528/8577 = 6.2%
			A5/19.ac2	Increase the number of people aged over 65 who are at risk of a fall who have attended a Tai Chi course	April Peberdy (AWTG)	Ongoing	A5/19.m2	Increase the proportion of people aged 65+ at risk of falling who take part in a Tai Chi for Falls Prevention class (At risk 35% of population aged 65-84 = 7,188 45% of population aged 85+ = 1389)(Total = 8,577)	0.50%	.3% Q2	Q1: 23/8,577 Q2: 46/8,577 Q3: 27/8,577 Q4: 32/8,577 YTD = 128/8,577 = 1.5%
			A5/19.ac3	Conduct campaigns to increase public awareness of falls and how to prevent falls.	April Peberdy (AWTG)	Ongoing	A5/19.m3	Number of Falls Prevention Awareness Campaigns	3	1.0 Q1	One campaign on Falls and Hydration was completed in summer 2018 and another in October 2018 when clocks changed. The last campaign for 2018-19, will take place in March 2019 when clocks change.
			A5/19.ac4	Deliver training to WBC staff, NHS Staff and volunteers on the Falls Prevention Pathway to increase knowledge of available services and the recommended approach.	April Peberdy (AWTG)	Jan-18	A5/19.m4	Number of Falls Prevention Awareness Training sessions delivered	3	12.0 Q2	Two training sessions delivered by AP at the Commissioning Provider forum and HWB Steering Group. Eleven training sessions provided by Falls Coordinators to Sovereign housing schemes, 4 more to take place. Frailty and falls awareness training is planned for all stakeholders from January 2019 as one-off funding has been provided by the HWB sub-committees fund.
			A5/19.ac5	Develop and implement a multi-factorial falls risk assessment tool (FRAT)	April Peberdy (AWTG)	Jan-18	A5/19.m5	Number of risk assessments conducted using FRAT tool	30	2.0 Q2	Safe and Well pilot commenced Autumn 2018 instead of Spring as hoped (run by the Royal Berkshire Fire and Rescue Service). NB. The RBFRS used an approved referral form with the FRAT questions on the reverse. The completed referral forms are sent to Adult Social Care via the Falls Coordinators.
			A5/19.ac6	Falls co-ordinator project -Conduct an Early Intervention Project to identify those most at risk of falls	April Peberdy (AWTG)	Jan-18	A5/19.m6	Number of people aged over 65 identified as at risk of falls.	130	58.0 Q2	Three falls co-ordinators employed by ASC are working across West Berkshire to identify individuals who are at risk of falling or who have fallen. (since the project commenced in Nov 17 (171) people have been seen. The funding for this work will finish in Feb 19.  Q1 2018/19: 37/130 Q2 2018/19: 58/130 YTD= 95/130
			A5/19.ac7	Conduct a Home Safety Check Pilot with RBFRS	April Peberdy (AWTG)	Jan-18	A5/19.m7	Number of Home Safety Checks	60	2.0 Q2	See A5/19.ac5

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How we will deliver the Strategy: Integration	Batter Care Fund National Condition 1	Delayed transfers of care	BCF1/ac1	Decrease the number of bed days due to Delayed Transfers of Care (DTOC) from hospital	Tandra Forster/ Shairoz Claridge (WBLIB)	Mar-17	BCF1/m1	Decrease the number of bed days due to Delayed Transfers of Care (DTOC) from hospital	variable	363.0 Q2	Q2 performance has continued strong with overall delays below the agreed BCF target, this despite increased demand and continued challenges with the market. (See below for published expectations). Performance is shown as a snapshot so Q2 is the bed days for the month end September 2018.  2018/19 expectations Per day (average daily delays) NHS ASC Joint Total 6.7 3.2 6.5 16.4  Monthly target for September 2018: 429 days.
	Better Care Fund National Condition 2	Non-elective admissions (General and Acute)	BCF2/ac1	Monitor the number of non-elective admissions (General and Acute)	Tandra Forster/ Shairoz Claridge (WBLIB)	Mar-17	BCF2/m1	Number of non-elective admissions (General and Acute) per 100k population	3249	3,588.0 Q2	[Target (Aim to be lower than)]/ Actuals: Q1: [3249]/ 3598 Q2: [3269] 3588 Q3: [3462] Q4: [3442] [YE total ]/ YTD actuals: [13422] / 6518
	Better Care Fund National Condition 3	Admissions to residential and care homes	BCF3/ac1	Monitor the number of permanent admissions of older people aged 65+ to residential and care homes (per 100,000 of population)	Tandra Forster/ Shairoz Claridge (WBLIB)	Mar-17	BCF3/m1	New permanent admissions of older people aged 65+ to residential and care homes (per 100,000 of population) (ASCOF 2A (part 2))	tbc	636.8 Q2	No RAG as target tbc <b>Provisional data - to be confirmed</b> ASCOF 2A presented as per 100,000. Numerator just shows number of new admissions  We focus on helping people home wherever possible and were disappointed to see an increase in admissions last year. We will continue to focus on promoting community options.
	Better Care Fund National Condition 4	Effectiveness of reablement	BCF4/ac1	Increase the percentage of older people (65+) who were still at home 91 days after discharge from hospital into reablement/rehabilitation services	Tandra Forster/ Shairoz Claridge (WBLIB)	Mar-17	BCF4/m1	% of older people (65+) who were still at home 91 days after discharge from hospital into reablement/rehabilitation services	83%	86.0% Q2	Performance has improved as a result of a more targeted approach, but given the small numbers maintaining this will always be a challenge.
				Increase the percentage of new clients where service following enablement was Ongoing Low Level Support, STS (Other), Universal Services/IAS or No identified needs (ASCOF 2D)		Mar-17	BCF4/m2	% of new clients where service following enablement was Ongoing Low Level Support, STS (Other), Universal Services/IAS or No identified needs (ASCOF 2D)	60%	64.5% Q2	YTD: 289/448
How we will deliver the strategy: Public Engagement		Raise the profile of the Health and Wellbeing Board and its workstreams using a range of platforms.		Use local print media to promote the work of the Health and Wellbeing Board, its sub-groups or any pertinent issues	Kamal Bahia (PPE)	May-18		Number of articles published in the Newbury Weekly News per year	12	5.0 Q2	5 articles have been published in the Newbury Weekly News so far under the Your Health Matters brand. A double article is planned for November regarding alcohol and carer's rights so this will ensure the overall target is achieved.  July's theme was Community Learning. No article was published in August. September's themes were end of life, palliative care and ReSPECT.
		Raise awareness of coproduction approaches among decision-makers and service designers		Run a training session for key stakeholders.	Kamal Bahia (PPE)	Jul-18		Session to be held in July 2018	Jul-18	Completed in Q2	The PPE Group organised for the Oxford Academic Health Sciene Network to run a session on Patient and Public Involvement. The session was well attended and received good feedback.